

# Annual Wellness Visit

## Comprehensive Health Review



An Annual Wellness Visit (AWV) is a yearly health review for individuals that is part of a well-rounded preventative health plan.

The goal of the AWV is to improve your overall wellness with an emphasis on prevention.

For Medicare patients, an AWV does not include a physical exam and is of no cost to you.

You will leave with a personalized Optimal Aging Care Plan aligned with your goals and an interdisciplinary team to support you along the way.

### During the visit, you and a member of your care team will:



**Assess your existing and potential health risks**



**Screen for key areas of physical, brain, & social health**



**Review your family history**



**Conduct a comprehensive medication review**



**Work with an interdisciplinary team to develop a plan of care**



204 E. Market St., Suite A, Louisville KY  
502-588-4340 | [www.TragerInstitute.org](http://www.TragerInstitute.org)



Scan the QR code to schedule your Annual Wellness Visit.