

# Trauma-Informed FlourishCare™ Behavioral Health Services



At the Trager Institute, we understand that behavioral health is a critical component of our overall emotional, psychological, and physical well-being.

As part of the Trauma-Informed FlourishCare™ Model, behavioral health is offered to individuals, couples, and families.

Our professional staff of licensed therapists are assisted by a team of over 50 practicum students from the University of Louisville Schools of Social Work and Family Sciences, Couple and Family Counseling, Clinical Behavioral Health and Nursing, many of whom act as intern therapists **providing free counseling to those that cannot afford a co-pay.** Our students are all supervised by licensed mental healthcare providers.

Physicians can refer patients to us through Epic. Patients can call us at **502-588-4340.**

## WE CAN TREAT

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- Depression and anxiety
- Grief and loss
- Aging
- Divorce or separation
- Life transitions
- Self-esteem issues
- Self-harm & suicidal ideation
- COVID stress/Longhailer's stress
- Psychological non-epileptic seizures and movement disorders
- Pre-/post-surgery counseling for bariatric surgery patients, cardiac rehab patients, and medical psychological issues that arise in healthcare
- Gender-affirming care

## WE OFFER

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Individual, couples, and family therapy  
Behavioral health screenings and assessments  
Group counseling

## QUESTIONS?

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**Joseph G. D'Ambrosio**, Director of Behavioral Health  
PhD, JD, LMFT, LCSW, DipACLM  
joe.dambrosio@louisville.edu

**Dena Wilson**, Assistant Director of Behavioral Health  
LCSW  
dena.wilson@louisville.edu



A CARF Three-Year Accreditation was issued to our behavioral health service organization for outpatient treatment for adults and older adults.



For more information, scan the QR code or visit our website:  
<https://www.tragerinstitute.org/mental-health-supports>