

## Gold Standard for Optimal Aging Nomination Form Instructions

Thank you for your interest in submitting a nomination for the Gold Standard Award for Optimal Aging. Nominations are due July 1, 2021. Please read the below instructions before submitting your online form.

**Please note: you will not be able to save the application once you have started.**

We suggest that you draft all your responses to the questions on the following pages in another processor (i.e. Microsoft Word or Pages) and then copy and paste each response into the online form.

You will be asked to provide the following information:

- 1) Nominator Information:
  - Name
  - Business Affiliation (if applicable)
  - Position
  - Address
  - Email
  - Phone
- 2) Select if submitting a nomination for an individual or a couple
- 3) Provide the following information (for both individual and couple nominations)
  - Name
  - Address
  - Email
  - Phone
- 4) Provide answers to the following prompt:

***Please summarize the nominee in 250 words or less. Describe how the nominee fits the criteria for the Gold Standard for Optimal Aging. What about this nominee demonstrates their zest for and engagement with life? Limit your description to 250 words. This is the paragraph that will be used in the Gold Standard Program, our website, and any other promotional materials. ONLY THE FIRST 250 WORDS WILL BE USED.***

- 5) We will be creating a book to feature this year's nominee cohort. For this book, we are requesting the following information:
- Headshot of nominee(s). The headshot need not be a professional image! Simply snap a quick photo of your nominee (or have your nominee take a selfie!) with a smart phone or other device.
  - Provide your nominee(s) answer to the following prompt: *As I age, I dare to...*

Nominations are to be submitted online at:

<https://ultrager.memberclicks.net/goldstandard2021nomination>. However, a PDF/paper version of the nomination form will be provided upon request. Please contact us to receive the PDF version of the nomination form.

## **Luncheon Save the Date**

Date: Friday, September 30, 2021

Time: 11:30 AM - 1:30 PM EST

Location: Crowne Plaza Hotel, 830 Phillips Ln.

*\*Reservations required*

More information at: [www.tragerinstitute.org/gold-standard](http://www.tragerinstitute.org/gold-standard)