|  |  |  |  |
| --- | --- | --- | --- |
| *A person sitting at a table using a computer  Description automatically generated*  **My Health Matters and So Does Yours**  This meeting is designed for folks wanting to learn more about health and how to promote individual, family, and community health!  We will use a variety of ways for engagement: Guest speakers, health education, open discussion, support, and more!  **Zoom link:** [**https://zoom.us/j/676034095**](https://zoom.us/j/676034095) | |  | | --- | | **Stay Healthy, Stay Home!** **Join Using Zoom** \_\_\_\_ **Zoom link: https://zoom.us/j/676034095 ID#: 676034095 Zoom phone #:** **1 646 876 9923** \_\_\_\_ Join Us!Every Monday  6:30 pm – 7:30 pm \_\_\_\_ For more information contact: Mona Huff   502-706-0098 rjhuff01@louisville.edu | | UofL Trager Institute  204 E. Market St.  Louisville, KY 40202  502-588-4340  www.tragerinstitute.org | |