



FAMILY FEST

FREE FOR THE WHOLE FAMILY!

SEPT. 13TH 5:30PM-8:00PM

AT ROBY ELEMENTARY

1148 HWY 44 EAST, SHEPHERDSVILLE



The Bullitt County Coalition for Recreation, Education, and Wellness (C.R.E.W.) would like to invite the whole family to come out and learn to be healthy together. Family Fest promotes the importance of families being physically, mentally, socially, and emotionally fit. Booths will be onsite to provide valuable information about health services. Exercise demos, games and fun activities will be available throughout.

STEP IT UP BULLITT!

WELLNESS WALK

2018

We need your help! Bullitt County has been challenged by surrounding counties to see which community can get the most steps in one hour. The winning county will receive the traveling trophy. From 6:30pm-7:30pm we need you to be as active as possible at Family Fest getting as many steps as possible. Each participant will receive a pedometer to track their steps. Awards are available for individuals with most steps in a given age group. Participating multigenerational families will also have special recognition.



Family Resource and Youth Services Centers



For more information please call 502-955-5355 or email DanielE.Crum@ky.gov