



Join AARP Kentucky for a Virtual Sexual Health & Wellness Event

Sex @ 50-Plus 2.0

AARP Kentucky is excited to host an interactive event with panels of professionals who will explore how the 50-plus approach health, love, and dating. Together we will delve into your questions on matters of the heart, health, and sexual wellness.

Your body has changed; the conversation has changed, but have intimacy, sex and dating really changed? No matter your status, take this opportunity to find out everything you've wanted to know—but were afraid to ask! Come prepared to enjoy lively conversation, facts, and fun!

Thursday, February 11, 2021 — Sexual Health | 7–8 p.m.

Panelists will discuss matters of physical health including changes in our bodies and the way we perceive them.

Friday, February 12, 2021 — Sexual Well-Being in Quarantine | 7–8 p.m.



Panelists will discuss mental and emotional aspects of our sexual health and how those changes affect our lives.

Choose one day or join us for both.

Please register online at: aarp.cvent.com/kysexat50plus_2021

TODAY'S TRANSITIONS



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