# Trauma-Informed FlourishCare™ Program

**Multiple Funding Opportunities** 

The Trauma-Informed FlourishCare<sup>™</sup> Program is a competitive one-year internship open to social work students from all Kentucky universities, as well as couple and family therapy and DNPpsych students enrolled at UofL. This program trains students to provide trauma-informed care coordination and behavioral health interventions while working with adults across the lifespan throughout Kentucky. Rural placement opportunities are available.

### **ELIGIBILITY AND REQUIREMENTS**

#### Enrolled in one of these programs:

- Bachelor's in Social Work
- Master's in Social Work
- Doctorate in Social Work
- Foundation Couple and Family Therapy (UofL only)
- Advanced year Couple and Family Therapy (UofL only)
- Advanced year DNP-psych (UofL only)
- Willingness to travel to internship sites in rural counties, to be determined upon acceptance into the program
- A commitment to use traumainformed care in your work with a behavioral health setting after graduation
- Interest in working with adults across the lifespan

#### **STUDENT BENEFITS**

- \$10,000 living stipends

   (UofL MSSW advanced year and UofL Couple and Family Therapy advanced year only) — Limited
- \$25,000 living stipends UofL Couple and Family Therapy (advanced year only)
- \$26,352 living stipends (UofL DNP-psych only)
- Other Scholarships available amount varies
- Interprofessional training in trauma-informed behavioral health care interventions
- Trauma-Informed FlourishCare™ Professional Certificate
- Career Development and Job Placement Resources
- Improve the lives of adults using a trauma-informed integrated behavioral health-primary care coordination model

### HOW TO APPLY:

For further inquiry, please contact Rachael Williams-Hale at: rachael.williamshale@louisville.edu.





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## **Meet our past students!**



"I am thankful to have had a variety of experiences with different patients from different backgrounds, experiences and mental health challenges at The Trager Institute. Because I was at one of the spoke sites, I was able to treat patients who did not fit into the older adult category. I'm also very thankful to have experienced what it is like working on an interdisciplinary team with other professionals who have different perspectives on a client.

> - Alex Hammond Counseling Psychology



"I feel like I gained quite a bit of cultural competency with the LGBT population over the course of my practicum at the Trager Institute. Several of my counseling patients came from that population and I had not previously had a chance to work with them. I felt like I gained more knowledge of Medicare and the therapeutic process through direct experience and workshops over the course of the semester as well as hands-on experience in that area. That is what I would like to ultimately do with my career.

> - Adam Rains 21-22 Advanced Standing MSSW



"My practicum experience exceeded far beyond my expectations. Not only was I provided with a well-rounded education, but I gained a professional support network. Trager surrounds students with providers who are passionate about their field and empower young professionals to become the best they can be. My experience prepared me to accept a position at my practicum site, Mountain Comprehensive Health Corporation, following graduation as a Behavioral Health Therapist.

> — Allie Hill 21-22 Advanced Standing MSSW



"I am so grateful for the exposure to, what I believe, is an ideal model of practice. The conceptualization hours really modeled and reinforced the importance of interdisciplinary work. There is no doubt [in my mind] that focusing on WHOLE-istic health and recognizing every aspect of health promotes wellbeing. "WHAT MATTERS MOST?" is my #1 takeaway from my practicum experience with Trager. This phrase helps give patients a voice and helps providers focus on strategies that the client will be receptive to.

> - Ashley Larson 21-22 DNP





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"From the first Wednesday Workshop, I felt right at home. I was given the opportunity to serve rural parts of Kentucky that are in desperate need of help from the field of social work. During my practicum experience with Trager, I was able to hone my skills in macro level social work while also learning an array of techniques needed when providing therapy. The thing that stood out to me the most was the advocacy that everyone had for each of our clients.

> - Chelsea Miceli 21-22 Advanced Standing MSSW



"Attending Trager for my practicum superseded any expectation that I had. I was able to bring a full toolbox to my first job when graduating that created confidence in the work that I was doing as well as bringing a holistic approach to the rural community. If I had to choose again, it would still be Trager.

> - Ashley Royles 21-22 Advanced Standing MSSW