



DO YOU CARE FOR A LOVED ONE?

KIPDA Caregiver Program

Compassionate Caregiving Workshops December 2019

The University of Louisville Trager Institute is offering two compassionate care workshops for caregivers this December! These workshops will focus on how to improve the overall caregiving experience for both the caregiver and the loved one we are caring for. We will also discuss challenges of caregiving for a loved one, how to implement compassion into the care provided, how to manage everyday challenges, and how to take care of ourselves.

December 2, 2019

Shelby County Workshop

Time: 5:00 pm - 6:00 pm

Location:

North Central District Health Department
1020 Henry Clay Street,
Shelbyville, KY 40065

December 11, 2019

Oldham County Workshop

Time: 5:30 pm - 6:30 pm

Location:

Family Life Center,
Pewee Valley Presbyterian Church
119 Central Ave, Pewee Valley, KY 40056

Come out to learn more about compassionate caregiving and how you can implement this while caring for a loved one

The UofL Trager Institute's KIPDA Caregiver Support Program is for individuals caring for loved ones living in the following counties:

Bullitt, Henry, Oldham, Shelby, Spencer, and Trimble.

This program provides educational workshops/trainings tailored to desired topics of individuals, case management individualized to your needs, counseling, and support groups. These services are provided right in the communities of the areas served and are free to those who meet all qualifications.



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